

ENDING HYPNOSIS

After you've found your willing volunteer, gone through the safety precautions & successfully helped them experience hypnotic phenomena, you want to end safely.

In the past, people have tried suing Hypnotists, saying the hypnotist didn't take them out of trance.

So, when you're done demonstrating/performing, using a Trance Termination script like the following should suffice:

"In a moment, when I wake you up, everything will be back to normal. All hypnosis and hypnotic commands will be gone from your mind and body and will no longer affect you. All mental, physical and emotional stress will be gone. You'll wake up feeling awake, aware, rejuvenated and re-energized, with a big smile on your face. 1...2 take a deep breath in, lift up your head and 3 (snapping fingers is optional) eyes open wide awake, feeling better than before!"