

# How To Begin Consultations

To begin for comedy hypnosis, you'll want to understand your client's background. You could ask...

"Have you ever worked with a Hypnotist before?"

"What are you most looking to achieve with me?"

"What made you select me out of all the Hypnotists out there?"

"Is there anything specific you'd like me to explore with you during our session?"

To begin for hypnotherapy, you'll want to understand your client's struggle/goals. You could ask...

"What are you struggling with that you're hoping a session with me will help you overcome?"

"What would be your desired outcome as a result of having me as your Hypnotherapist?"

"Do you know if there are any details that may trigger this difficulty?"

"When was the last time you remember a day without this struggle?"

Asking similar questions will help you fully understand your client's situation and know how to construct a potential session script for them. The more information they can provide, the easier it will be for you to put together a session that helps them overcome their struggle.